



• PRE & POST WAXING •

Even though we professional waxing technicians always follow the proper protocols and use high-quality pre depilatories and post depilatories to prevent or minimize side effects, you should always take care of your skin at home 24/48 hours before and after treatment.

Pre Waxing

1

Hair should be at least 1/4-inch to 1/2-inch long

2

Make sure your skin is not irritated, broken, burned, recently tattooed or pierced

3

Let your therapist know if you are taking any medication. If you are having facial waxing, stop any acne or skin lightening products one week before treatment.

4

Exfoliate prior to your appointment - preferably 3 times a week as general maintenance

5

If it is a bikini wax you are booked in for, know the shape you want

6

It is advisable to avoid waxing during your period due to a reduced pain threshold and an increased risk of sensitivity

7

7. Avoid self tanning application or products 48 hours before treatment.

8

Wear comfortable, breathable and loose clothing,

9

Take an Ibuprofen



BUFF & BLOSSOM
BEAUTY

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Post waxing

Keep the waxed area clean Avoid heat and friction for the next 24/48 hours.

This includes;

1

No hot baths, showers, saunas, steam rooms or hot tubs for 24hrs

2

No sun beds, fake tans, sunbathing for 48hrs

3

No sport, gym work or vigorous exercise, including swimming for 12 hours

4

Do not apply deodorants, body sprays, antiseptic cream, lotions or highly fragranced products to the waxed area

5

Do not exfoliate the waxed area immediately after your appointment, however, it is advised to start this a few days after to prevent ingrown hairs.

Some small bumps, redness and soreness is common and perfectly normal, particularly if this is your first waxing experience. This will subside over the next 24/48 hours.

To maintain your smooth appearance, I recommend regular waxing appointments every 4-6 weeks.